

# **KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE**

## **ADMINISTRATIVE BOARD**

### **BOARD PLANNING RETREAT**

**WEDNESDAY, OCTOBER 20, 2004**

**KCASAAB Members Present:** Linda Brown, Joan Clement, Nancy Code, Roger Goodman, Larry Hill, Mary Alice Knotts, Kim Murillo, Yasmin Smith

**KCASAAB Member Absent:** Jim Harbaugh (excused)

**Staff Attending:** Rhoda Naguit, Jim Vollendroff

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The board planning retreat of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB) was held at the Dutch Shisler Sobering Service Center, 1930 Boren Avenue in Seattle. Dinner was served at 4:30 p.m. The meeting opened with Jim Vollendroff providing an update on the following items.

#### **I. MISCELLANEOUS UPDATE**

##### **A. Access to Recovery Grant (ATR)**

Jim reviewed the concept and purposes of the grant which is to provide funding for previously uncovered individuals on a fee-for-service voucher basis. Clients are free to choose the treatment agency from among state certified treatment agencies. The statewide grant was obtained by the State Division of Alcohol and Substance Abuse and will be implemented in several counties across the State.

The grant will offer clients and their families wraparound services as well as treatment, and will increase the number of providers including the sobering center and faith-based organizations. Alcohol And Drug County Coordinators will manage the voucher disbursement and payment. King County will develop a client database program that will be used by all participating counties for which DASA will pay. Counties also receive a 10% administrative fee for managing the ATR programs.

Jim walked the board through the ATR client flow chart document that the Washington State delegation had presented at an ATR conference in Washington D.C. last week.

The County will hire three to five Recovery Support Specialists to implement the program. Using the RFQ process one provider agency will be selected to manage and coordinate this program. Staffing will include a fiscal person, a TARGET person, and three to five Recovery Support Specialists who will implement the program. The selected agency will receive a 10% administrative allocation to manage the program.

<p><b>This material is available in alternate formats. For more information, please contact Rhoda A. Naguit at 206-296-7623 Voice or 206-205-0569 TTY.</b></p>
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While there will be some standardization among the participating counties there will be local differences that will reflect local needs and conditions. A number of details are still under discussion and development. Jim shared some of the initial planning with the Board and emphasized that planning is ongoing and some of the details will change as the program is further refined. One of the items under discussion in King County is whether to include support for housing as part of the case management service.

The program is expected fund 88 new admissions per month with an annual allowance of \$2,500 per client.

The proposed priority populations to be served through the program include:

- Involuntary committed clients at Pioneer Human Services
- First time detox admissions; these clients who are fairly new to the treatment system will be provided intervention services.
- Clients who drop out within a 90-day treatment program.
- Clients who lost SSI benefits can be served this year since there is some money left for a 12-month period in 2004.

## **B. ESP/Sobering Center Fund Reduction**

The City of Seattle has proposed a cut of \$100,000 in funding for the Emergency Service Patrol (ESP) and related services at the Sobering Center in the 2005 budget.. If this happens, the ESP will have to cut hours of operation and eliminate services in some geographic areas. City Councilman Tom Rasmussen is the contact person for the City on this issue.

Joan Clement made a motion which was seconded by Roger Goodman to write a letter to the City of Seattle leadership to express Board concerns about the proposed cuts in funding and to identify the negative consequences of the proposed reductions. The motion was passed unanimously. Board Chair Linda Brown will draft a letter.

## **II. NEEDS ASSESSMENT**

Jim discussed changes DASA has made in the biennial planning process. Counties are no longer required to do a full scale needs assessment as they have done in the past. County Alcohol and Drug Coordinators have been meeting with DASA to examine the process and develop an approach that takes advantage of existing data instead of starting over with each biennial plan. A group of DASA staff and county coordinators are looking at assessment tools, resource measurement and readiness scales, and data that are most useful and meaningful for local program planning and service that can be used to develop a six-year strategic plan.

For the coming biennium, the counties are asked to submit an update on their last biennial plan. Thus, a county-wide full scale needs assessment will not need to be done. The Board discussed the changes in the process and felt that while the previous needs assessment had not been particularly effective, it is important that the next biennial plan reflect input from the Board and that it represents the board county needs. A decision was made that Jim will draft the biennial plan update and will provide copies to the board for review. He will review how other counties including Kitsap and Thurston are approaching biennial plan development.

Initial actions in preparation of the biennial plan include:

- Review data provided by DASA. Copies of these data were provided to the board.
- Look at research on treatment/prevention.
- At the Legislative Forum, distribute index card for people to write in their concerns on CD issues as part of the consumer's feedback.

### **III. LEGISLATIVE FORUM**

- The legislative forum is scheduled for December 9, 2004. It is very important that the CD community is well represented at the forum. To help with this it was agreed that Jim and Rhoda will develop a list of agencies and will assign each board member a list of agencies to contact to encourage them to attend the Legislative Forum. A similar call list will be developed for Board members to call their local legislators.
- Jim and Linda will develop a "Talking Point" outline that the board members can use when calling their local legislators.

### **IV. CD PERFORMANCE INDICATOR REPORT**

The last CD Performance Indicator Report was issued in July 2004. It continues to receive positive feedback. During the discussion Board members identified other areas of information that would be useful to include. These included information on the use of best practices in prevention services. Future reports will also include more graphs for easy reading.

In response to the question of how we effectively use data from the report and what else might be included the following items were identified.

- Race served - On page 8 of the report, there is a significant increase in Native American clients. As a result, the Recovery Centers of King County (RCKC) is now working closely with United Indian of All Tribes Foundation.

- Income Bracket – Not all CD users are low-income at the outset of their use; some become indigent or financially hard up due to drug/alcohol use.
- Portals – To see where clients are being referred from. Jim is not sure if this could be added in the future report.
- Use data as an analysis – compare old data from the current ones.
- Waiting List – Show how much time a client has to wait to go to treatment, detox, etc. as a way of tracking the system.

The board agreed to make the CD Performance Indicator Report a major item for board discussion at a regular board meeting, a month after its release.

## **V. CD COUNSELOR SHORTAGE ISSUE TASK FORCE REPORT**

HANDOUT: *CD Counselor Shortage in King County: Searching for Solutions*

Jim Vollendroff is working with Sue Green of State Division of Alcohol and Substance Abuse (DASA) in tackling the issue of shortage of CD Counselors. In the course of their interaction, it was agreed that DASA would address the long-term strategies while the Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) will focus on the short-term strategies; and the mid-term strategies will be shared by DASA and MHCADSD.

The short-term strategies include: (1) support continuing education for agency staff, (2) work with community colleges in developing accelerated class courses (3) hire on-site trainer for agency.

These short-term strategies will be addressed by MHCADSD by putting in more line budget for training and tuition reimbursement of agency staff. The Division will monitor the utilization of this fund and if any agency does not use it for the intended purpose, the money will be returned to MHCADSD. The fund could also be used in part for hiring an on-site trainer for the agency.

Kim Murillo will draft a letter on CDP shortage update.

## **VI. RECOVERY SCHOOL FOR KIDS**

Board member Yasmin Smith had provided the Board with a Recovery School proposal for discussion at the meeting. Linda Brown asked Yasmin for clarification about the proposal since it was unclear whether the proposal was to inform and educate the Board about the Recovery School concept or to ask the Board to support funding for a specific program discussed in the proposal.

Yasmin responded that the document was meant for both purposes. She explained briefly the concept of the proposed program and how it is currently being funded.

Joan Clement and other Board members pointed out that the board is not sanctioned to fund any proposed program. Funding requests for any new program must go through the formal County Request for Proposal process. Board members expressed interest in the concept of a recovery school and asked Yasmin a number of questions about the current program at John Marshall High School. The Board thanked Yasmin for her presentation and for providing information about the Recovery School concept.

Jim discussed the idea of including a Youth Best Treatment Practices in the RFPs for 2005. In addition to the Recovery School for Youth concept, Jim will present various best practices models to the board for their consideration with a recommendation to add youth treatment model.

## **VII. PERFORMANCE EVALUATION**

One of the roles of the Board has been a periodic evaluation of the County Alcohol and Drug Coordinator. This has not been done for several years. Joan Clement asked the Board to consider a formal evaluation of the current structure of the role as well as Jim's performance in his first two years as County Coordinator. Rhoda was asked to email Board members the performance evaluation protocol that was previously used. Board members will review the protocol and will further discuss an approach to evaluation at an Executive Session following the November meeting.

Jim updated the Board on some changes in the MHCADSD structure including having the Involuntary Treatment Staff and Geoff Miller report directly to Jim. The Board continues to support the integration of AOD Prevention Section with CD Treatment.

Board Chair Linda Brown will send a letter to Amnon Shoenfeld, MHCADS Division Director, to recommend the integration of AOD Prevention with CD Treatment and for CD contract monitors to be directly under Jim's supervision and to express appreciation and support for the changes in supervision of other CD staff.

## **VII. EXECUTIVE SESSION**

The board will hold an Executive session following after the November 18, 2004 regular board meeting.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

Linda Brown  
Board Chair